

Scott County, Iowa Local School Wellness Policy Triennial Assessment Under the Healthy, Hunger-Free Kids Act of 2010

The Iowa Department of Education requires all Iowa LEAs to develop, implement and evaluate a District Wide wellness policy that encompasses the following components:

- Public involvement
- Publication notification
- Nutrition education
- Nutrition guidelines
- Nutrition promotion and marketing
- Physical activity
- Physical education
- Monitoring and evaluation

The Scott County Decategorization Board provides guidance and leadership to these policies and their assessment. This assessment fulfills two purposes:

- Offers Scott County LEAs a means to ensure state requirements for their School Wellness Policy are met and documented in ways that meet school nutrition administrative review requirements
- Offers Scott County the opportunity to see an overall picture of school wellness policies and practices at a community-wide level

There are both District-level and Building-level requirements for the policy and assessment. As a result, this assessment encompasses both levels. The Iowa Department of Education requires one District level assessment and a building level assessment for EACH building within that district on a triennial basis.

When the assessment is completed: (May 30th)

- 1) Send completed copy of Local School Wellness Policy Assessment to Scott County Kids, 600 West 4th Street, Davenport, Iowa 52801 or email to: dawn.knutson@scottcountyiowa.com.***
- 2) Keep a copy of these forms as documentation of compliance during the next School Nutrition Administrative Review.***

Scott County, Iowa Local School Wellness Policy Triennial Assessment

Under the Healthy, Hunger-Free Kids Act of 2010

Part One: DISTRICT REQUIREMENT

School District: Pleasant Valley Community School District

Date of Completion: May 17, 2018

Point of Contact/Person Responsible for Local School Wellness Policy and Assessment and
Leader of Local School Wellness Policy Committee:

Title/Position	Department/School
Brian Strusz	Assistant Superintendent / Pleasant Valley CSD

Members of your Local School Wellness Policy Committee:

Name	Title/Position
Andrea Mahler	District Food Service Director
Matt Berst	Parent
Marlisa Bosman	6 th Grade Teacher
Marta Brooks	HS Family and Consumer Science Teacher
Trampus Budde	JH Principal
Keith Cavanagh	Elementary Guidance Counselor
Pam Cinadr	HS Nurse
Mike Duncan	JH Wellness Teacher
Mary Grimm	Parent/Nurse
Jennifer Hanson	Elementary School Nurse
Ann Harris	Elementary School Nurse
Amy LaBarge	HS Wellness Teacher
Cindy Lewis	Director of Elementary Education
Keith Piotter	Parent/Pastor
Karen Relf	Parent
Patty Said	Parent/Nurse
Caitlin Schoville	JH Wellness Teacher
Stacey Schick	Elementary School Nurse
Joette Strobbe	Elementary School Nurse
Jason Vice	JH Wellness Teacher
Nikhil Wagle	Parent/School Board Member
Chris Welch	Elementary School Principal
Jane Wheeler	HS Wellness Teacher
Melinda Whigham	Junior High School Nurse
Justin Wiese	Elementary Wellness Teacher
Mike Zimmer	HS Principal
Kim Zupancic	Elementary School Nurse

PART TWO: DISTRICT REQUIREMENT

The following elements are a required part of Local School Wellness Policies. Use this form as a record that the District's Local School Wellness Policy includes all required components.

Yes	No	Regulation	Copy and Paste the Associated Section from your District's Wellness Policy Here
		Our District's School Wellness Policy includes:	
X		Standards and nutrition guidelines for all foods and beverages sold on school campus during the school day that are consistent with: <ul style="list-style-type: none"> • School meal nutrition standards • Smart Snacks in School nutrition standards • Iowa Healthy Kids Act standards 	Schools providing access to healthy foods outside the reimbursable meal programs before school, during school and thirty minutes after school shall meet the United States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;
X		Standards for all foods and beverages provided, but not sold, to students during the school day (e.g. classroom parties, classroom snacks brought by parents, incentive foods, etc.)	Snacks provided to students during the school day without charge (e.g., class parties) will meet standards set by the district in accordance law. The district will provide parents a list of foods and beverages that meet nutrition standards for classroom snacks and celebrations;
X		Requirements that food and beverages marketed on campus must meet Smart Snacks in School standards	Schools will only allow marketing and advertising of foods and beverages that meet the Smart Snacks in school nutritional standards on campus during the school day.
X		Individual or team that provides wellness policy leadership and has the authority and responsibility to ensure schools comply with the District policy (listed on front page of this assessment)	Developing administrative regulations, which shall include specific wellness goals and indicators for measurement of progress consistent with law and district policy.
X		Outlines the opportunity for public input into the development and implementation of the Local School Wellness Policy	Implementing a process for permitting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, administrators and the public to participate in the development, implementation, and periodic review and update of the policy; <ul style="list-style-type: none"> • Making the policy and updated assessment of the implementation available to the public (e.g., posting on the website, newsletters, etc.). This information shall include the extent

			to which the schools are in compliance
X		Outlines the way the Local School Wellness Policy is made available to the public.	District website, student/parent handbook, newsletters
X		Describes the assessment process for the Local School Wellness Policy	Reviewing the policy at least every three years and recommending updates as appropriate for board approval
X		Describes how assessments are made available to the general public for review	Advisory board, newsletters

PART THREE: DISTRICT REQUIREMENT

It is required that Local School Wellness Policies have a minimum of one goal for each of the following areas:

- 1) Nutrition promotion
- 2) Nutrition education
- 3) Physical activity
- 4) Other school-based activities

Required Area	District Goal	Action Steps for the Goal	Timeline
Nutrition Promotion	Nutrition Education and Promotion: Schools will provide nutrition education and engage in nutrition promotion that helps students develop lifelong healthy eating behaviors.	Provide students with the knowledge and skills necessary to promote and protect their health <ul style="list-style-type: none"> • Health classes • Physical education classes • School breakfast program • School lunch program 	Ongoing
		Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, and healthy foods <ul style="list-style-type: none"> • School breakfast program • School lunch program • Health classes 	Ongoing
		Implement evidence-based healthy food promotion <ul style="list-style-type: none"> • Utilization of Smarter Lunchroom techniques. • Parent and student utilization of the NutriSlice app 	Ongoing

Nutrition Education	(See Nutrition Promotion)		
Physical Activity	<p>Physical Activity: Schools will provide students and staff with age and grade appropriate opportunities to engage in physical activity that meet federal and state guidelines, including the Iowa Healthy Kids Act.</p>	<p>Develop a comprehensive, school-based physical activity program (CSPAP), that includes the following components:</p> <ul style="list-style-type: none"> • Physical education, recess; • Classroom-based physical activity; • Walk to school; and • Out of school time activities. <p>Promote the benefits of a physically active lifestyle and help students develop skills to engage in lifelong healthy habits</p> <p>Engage students in moderate to vigorous activity during at least 50 percent of physical education class time</p> <p>Encourage classroom teachers to provide short physical activity breaks (3-5 minutes), as appropriate</p> <p>Offer classroom health education that complements physical education by reinforcing the knowledge and self-management skills needed to maintain a physically active lifestyle</p> <p>Afford elementary students with recess according to the following:</p> <ul style="list-style-type: none"> • At least 20 minutes a day; • Outdoors as weather and time permits; • Encourages moderate to vigorous physical activity. 	<p>Annual Review</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Annual Review</p>
Other School-Based Activities	<p>Other School-Based Activities that Promote Student Wellness: Schools will support student, staff, and parents' efforts to maintain a healthy lifestyle, as appropriate.</p>	<p>Share information about the nutritional content of meals with parents and students</p> <p>Permit students to bring and carry water bottles filled with</p>	<p>Daily via technology</p> <p>Ongoing</p>

		water throughout the day	Ongoing
		Strive to provide students with at least 10 minutes to eat after sitting down for breakfast and 20 minutes after sitting down for lunch	
		Apply for USDA's Healthier US School Challenge: Smarter Lunchroom Award, a certification initiative that recognizes schools for nutrition and physical activity excellence	Annually

PART FOUR: DISTRICT REQUIREMENT

It is required that Local School Wellness Policies conduct an assessment to determine:

- 1) How the wellness policy compares to model wellness policies.*
- 2) Progress made in attaining the goals of the wellness policy.*
- 3) Compliance with the wellness policy.*

Use this form as a record that the District's Local School Wellness Policy includes these required components.

Model Policy Items	Last Assessment Period <u>2016-2017 School Year</u> Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
<i>Our District:</i>								
Offers the USDA School Breakfast program.	X				X			
Offers an after-school snack program.		X				X		
Offers meals and snacks that meet federal nutrition standards.	X				X			
<i>Competitive foods and beverages (a la carte,</i>								

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
<i>Our District:</i>								
<i>vending and regulated fundraising)</i>								
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> General Standards	N/A	N/A	N/A	N/A	X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Calories	N/A	N/A	N/A	N/A	X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Sodium	N/A	N/A	N/A	N/A	X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the	N/A	N/A	N/A	N/A	X			

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
<i>Our District:</i>								
USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent Saturated Fats</i>								
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent Trans Fats</i>	N/A	N/A	N/A	N/A	X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent Total Fats</i>	N/A	N/A	N/A	N/A	X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent Sugar</i>	N/A	N/A	N/A	N/A	X			
Must meet all competitive food standards according to Iowa Department of Education section 281 –	N/A	N/A	N/A	N/A	X			

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	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
<i>Our District:</i>								
58.11(256) OR the USDA's Healthy, Hunger- Free Kids Act of 2010, <i>whichever is more stringent</i> Dietary Fiber/Whole Grain								
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger- Free Kids Act of 2010, <i>whichever is more stringent</i> Milk	N/A	N/A	N/A	N/A	X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger- Free Kids Act of 2010, <i>whichever is more stringent</i> Fruit-Vegetable Juice	N/A	N/A	N/A	N/A	X			
Must meet all competitive food standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger- Free Kids Act of 2010, <i>whichever is more stringent</i> Caffeine	N/A	N/A	N/A	N/A	X			
Must meet all competitive food					X			

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<i>Our District:</i>								
standards according to Iowa Department of Education section 281 – 58.11(256) OR the USDA's Healthy, Hunger-Free Kids Act of 2010, <i>whichever is more stringent</i> Flavored or Carbonated Beverages	N/A	N/A	N/A	N/A				
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and <u>enjoy healthy eating habits</u> in:</i>								
Elementary Grades (at least 50 hours per academic year)								
Kindergarten		X				X		
First Grade		X				X		
Second Grade		X				X		

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
<i>Our District:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
Third Grade		X				X		
Fourth Grade		X				X		
Fifth Grade		X				X		
Middle School Grades (at least 50 hours per academic year)								
Sixth Grade		X				X		
Seventh Grade		X				X		
Eighth Grade		X				X		
High School Grades (at least 50 hours per academic year)								
Ninth Grade		X				X		

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
<i>Our District:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
Tenth Grade		X				X		
Eleventh Grade		X				X		
Twelfth Grade		X				X		
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, <u>physically active lifestyles</u> in:</i>								
Elementary Grades (50 – 150 minutes per week)								
Kindergarten	X				X			
First Grade	X				X			

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today’s Implementation of the school wellness policy			
<i>Our District:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
Second Grade	X				X			
Third Grade	X				X			
Fourth Grade	X				X			
Fifth Grade	X				X			
Middle School Grades (minimum of 120 minutes per week)								
Sixth Grade	X				X			
Seventh Grade	X				X			
Eighth Grade	X				X			
High School Grades (minimum of 120 minutes per week)								
Ninth Grade	X				X			

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
<i>Our District:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
Tenth Grade	X				X			
Eleventh Grade	X				X			
Twelfth Grade	X				X			
Prohibits withholding physical activity as a punishment (recess and/or physical education).	X				X			
Physical education is provided by credentialed teachers (degree in physical education and certified).	X				X			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).	X				X			
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the	X				X			

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
<i>Our District:</i>								
physical activity for the majority of the physical education class period.								
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	X				X			
Has adequate outdoor facilities for physical education (75 square feet per child).	X				X			
Has enough equipment for meaningful participation in physical education.	X				X			
Has provisions to maintain and replace physical education equipment as necessary.	X				X			
Prohibits withholding students from physical education class to make up missed instructional time, class work or tests in other subjects or behavior problems.	X				X			
Assures that physical education is graded as	X				X			

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
<i>Our District:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
an academic subject (middle/high school grades).								
Assures that physical education grades count in the overall GPA (middle/high school grades).		X				X		
Requires physical education every year (high school).	X				X			
Required that all students take physical education (no exemptions).		X				X		
Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.		X				X		
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in	X				X			

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under developme nt</i>	<i>have not considered this</i>
<i>Our District:</i>								
middle, junior and high schools during school hours								
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.	X				X			
Prohibits using food as a reward.	X				X			
Prohibits withholding food as a punishment.	X				X			
Provides after school opportunities for physical activity for all students.		X			X			
Makes indoor facilities (gymnasium) available to all/most students after school hours.	X				X			
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.		X				X (K-6) NA in 7-12		
Provides 30 minutes of daily recess for students featuring time for unstructured but	X				X			

Model Policy Items	Last Assessment Period 2016-2017 School Year Implementation of the school wellness policy				Today's Implementation of the school wellness policy			
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<i>Our District:</i>								
supervised active play in elementary grades.								

PART FIVE: DISTRICT REQUIREMENT

It is required that the each school District update the public on the content and implementation of the Local School Wellness Policy including progress made in attaining the goals of the policy.

The most updated copy of the District's School Wellness policy is made available to the public in the following ways: The most updated policy can always be accessed via our district website at <http://www.pleasval.org/series-500/>.

The most updated assessment of the District's School Wellness policy is made available to the public in the following ways: We are looking to add the assessment to our district website in the Health Office section for each school. The URL would be: <https://sites.google.com/a/student.pleasval.k12.ia.us/health-office/>.

PART SIX: BUILDING REQUIREMENT

Provide a summary of each school's local wellness events and activities including how individuals can get involved.

Due to the numerous wellness events and activities offered in each of our buildings, please feel free to reach out to the building principals who can assist you with questions or even connect you with our PTA's as they sponsor many events throughout the school year.

School	Principal	Email Address	Phone Number
Bridgeview Elementary	Tony Hiatt	hiatttony@pleasval.k12.ia.us	563-332-0215
Cody Elementary	Laurie Brasche	braschelaurie@pleasval.k12.ia.us	563-332-0210
Hopewell Elementary	Chris Welch	welchchris@pleasval.k12.ia.us	563-332-0250
Pleasant View Elementary	Steven Cotton	cottonsteven@pleasval.k12.ia.us	563-332-5575

Riverdale Heights Elementary	Jennifer Gertson	gertsonjennifer@pleasval.k12.ia.us	563-332-0525
Pleasant Valley Junior High	Trampus Budde	buddetrampus@pleasval.k12.ia.us	563-332-0200
Pleasant Valley High School	Mike Zimmer	zimmermike@pleasval.k12.ia.us	563-332-5151

Each building should complete all items (below) unless the items reference a grade level that does not attend your school.

School Name: Elementary Schools in Pleasant Valley **Grade Level(s):** K-6

Bridgeview, Cody, Hopewell, Pleasant View, Riverdale Heights

School Name: Pleasant Valley Junior High **Grade Level(s):** 7-8

School Name: Pleasant Valley High School **Grade Level(s):** 9-12

Model Policy Items	Today's Implementation of the school wellness policy			
	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
<i>Our School:</i>				
Offers the USDA School Breakfast program.	X			
Offers an after-school snack program.		X		
Offers meals and snacks that meet federal nutrition standards.	X			
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused nutrition education that helps students develop the knowledge, attitudes, skills, and behaviors to adopt, maintain and <u>enjoy healthy eating habits</u> in:</i>				
Elementary Grades (at least 50 hours per academic year)				
Kindergarten		X		
First Grade		X		

Model Policy Items	Today's Implementation of the school wellness policy			
<i>Our School:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
Second Grade		X		
Third Grade		X		
Fourth Grade		X		
Fifth Grade		X		
Middle School Grades (at least 50 hours per academic year)				
Sixth Grade		X		
Seventh Grade		X		
Eighth Grade		X		
High School Grades (at least 50 hours per academic year)				
Ninth Grade		X		

Model Policy Items	Today's Implementation of the school wellness policy			
<i>Our School:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
Tenth Grade		X		
Eleventh Grade		X		
Twelfth Grade		X		
<i>Provides age-appropriate and culturally sensitive instruction in behaviorally-focused physical education that helps students develop the knowledge, attitudes, skills and behaviors to adopt, maintain and enjoy healthy, <u>physically active lifestyles</u> in:</i>				
Elementary Grades (50 – 150 minutes per week)				
Kindergarten	X			
First Grade	X			
Second Grade	X			
Third Grade	X			

Model Policy Items	Today's Implementation of the school wellness policy			
<i>Our School:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
Fourth Grade	X			
Fifth Grade	X			
Middle School Grades (minimum of 120 minutes per week)				
Sixth Grade	X			
Seventh Grade	X			
Eighth Grade	X			
High School Grades (minimum of 120 minutes per week)				
Ninth Grade	X			
Tenth Grade	X			
Eleventh Grade	X			

Model Policy Items	Today's Implementation of the school wellness policy			
<i>Our School:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
Twelfth Grade	X			
Prohibits withholding physical activity as a punishment (recess and/or physical education).	X			
Physical education is provided by credentialed teachers (degree in physical education and certified).	X			
Physical education is provided in appropriate teacher: student ratios (maximum 30:1).	X			
Includes all children (encompassing physically challenged and disabled) in purposeful activity for the majority of the physical activity for the majority of the physical education class period.	X			
Has adequate indoor facilities (designated gymnasium) for physical education (35 sq ft per child).	X			
Has adequate outdoor facilities for physical education (75 square feet per child).	X			
Has enough equipment for meaningful participation in physical education.	X			
Has provisions to maintain and replace physical education equipment as necessary.	X			
Prohibits withholding students from physical education class to make up missed	X			

Model Policy Items	Today's Implementation of the school wellness policy			
<i>Our School:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
instructional time, class work or tests in other subjects or behavior problems.				
Assures that physical education is graded as an academic subject (middle/high school grades).	X			
Assures that physical education grades count in the overall GPA (middle/high school grades).		X		
Requires physical education every year (high school).	X			
Required that all students take physical education (no exemptions).		X		
Policies include nutrition standards for foods and beverages offered at parties, celebrations and social events.	X (K-6)	X (7-12)		
Prohibits student access to vending machines, school stores, and other venues that contain foods of minimal nutritional value and compete with healthy school meals in elementary schools and restricts access in middle, junior and high schools during school hours	X			
Provides communication to parents/guardians regarding nutrition and physical activity policies within the district.	X			
Prohibits using food as a reward.	X			
Prohibits withholding food as a punishment.	X			

Model Policy Items	Today's Implementation of the school wellness policy			
<i>Our School:</i>	<i>fully in place</i>	<i>partially in place</i>	<i>under development</i>	<i>have not considered this</i>
Provides after school opportunities for physical activity for all students.	X			
Makes indoor facilities (gymnasium) available to all/most students after school hours.	X			
Prohibits withholding recess (participation in unstructured physical activity) as a punishment.	NA in 7-12	X (K-6)		
Provides 30 minutes of daily recess for students featuring time for unstructured but supervised active play in elementary grades.	X			